

# Lunch Menu

## IPSWICH ELEMENTARY SCHOOLS

Breakfast and Lunch are now  
being offered free to all students  
thru December 31st, 2020.

October 2020

MENU IS SUBJECT TO  
CHANGE

Monday

Tuesday

Wednesday

Thursday


Friday

This is an "in school menu". Grab-n-go breakfast and lunches will be available for pick up outside at the **Middle School entrance (PAC)**- Mon, Wed, Fri 10:00-11:00. **Winthrop School**- Mon, Wed, Fri 11:00-12:00 **Doyon School**- Mon, Wed, Fri 10:00-11:00 and **Ipswich Housing Authority** (under the tent) Mon, Wed, Fri 11:00-12:00. You can pick up at any site and all bagged meals are free

**SCHOOL MEAL DISTRIBUTION**



**Curbside Pick-up!**

<p>5 Juicy Hamburger Lettuce And Tomato French fries Mixed Fruit</p> <p>Peanut butter &amp; Jelly Sandwich</p> <p>Gills Cheese Pizza</p>	<p>6 Creamy Macaroni &amp; Cheese Mixed vegetables Texas Toast Mixed Fruit</p> <p>Pretzel Power Pack</p> <p>Gills Cheese Pizza</p>	<p>7 Turkey &amp; Cheese wrap Lettuce And Tomato Pea Salad Cape Cod Chips</p>	<p>8 Juicy Hamburger Lettuce And Tomato French fries Mixed Fruit</p> <p>Peanut butter &amp; Jelly Sandwich</p> <p>Gills Cheese Pizza</p>	<p>9 Creamy Macaroni &amp; Cheese Mixed vegetables Texas Toast Mixed Fruit</p> <p>Pretzel Power Pack</p> <p>Gills Cheese Pizza</p>
<p>12 </p>	<p>13 Hot Dog on a Bun Fiesta Corn &amp; Black Bean Salad Cape Cod Chips</p> <p>Bagel Power Pack</p> <p>Gills Cheese Pizza</p>	<p>14 Tuna Sub Lettuce And Tomato Chilled Pears Cape Cod Chips</p>	<p>15 Hot Dog on a Bun Fiesta Corn &amp; Black Bean Salad Cape Cod Chips</p> <p>Bagel Power Pack</p> <p>Gills Cheese Pizza</p>	<p>16 Pasta Meat Sauce Broccoli Dinner Roll Peaches</p> <p>Peanut butter &amp; Jelly Sandwich</p> <p>Gills Cheese Pizza</p>
<p>19 <b>Brunch for Lunch</b> French Toast Sticks Yogurt Ham Maple Syrup Applesauce Cup</p> <p>Peanut butter &amp; Jelly Sandwich</p> <p>Gills Cheese Pizza</p>	<p>20 Pasta w/ Meatballs Fresh Tossed Salad Texas Toast</p> <p>Nacho Power Pack</p> <p>Gills Cheese Pizza</p>	<p>21 Ham &amp; Cheese Sub Pickles Diced Tomatoes Homemade Broccoli Salad Cape Cod Chips</p>	<p>22 <b>Brunch for Lunch</b> French Toast Sticks Yogurt Ham Maple Syrup Applesauce Cup</p> <p>Peanut butter &amp; Jelly Sandwich</p> <p>Gills Cheese Pizza</p>	<p>23 Pasta w/ Meatballs Fresh Tossed Salad Texas Toast</p> <p>Nacho Power Pack</p> <p>Gills Cheese Pizza</p>
<p>26 BBQ Chicken Sandwich French fries Lettuce And Tomato Diced Pears</p> <p>Peanut butter &amp; Jelly Sandwich</p> <p>Gills Cheese Pizza</p>	<p>27 <b>Taco Tuesday</b> seasoned beef Lettuce And Tomato Cheese Black Beans &amp; Rice</p> <p>pizza power pack</p> <p>Gills Cheese Pizza</p>	<p>28 Chicken Salad Sub Harvest cheddar sunchips Fresh Tossed Salad Strawberries</p>	<p>29 BBQ Chicken Sandwich French fries Lettuce And Tomato Diced Pears</p> <p>Peanut butter &amp; Jelly Sandwich</p> <p>Gills Cheese Pizza</p>	<p>30 Tacos seasoned beef Lettuce And Tomato Cheese Black Beans &amp; Rice</p> <p>pizza power pack</p> <p>Gills Cheese Pizza</p>

Doyon School will serve sunbutter as a substitute for peanut butter

