DOYON NEWS



Paul F. Doyon Memorial School

216 Linebrook Road Ipswich, Massachusetts 01938 978 356-5506 Ipswich website http://www.ipsk12.net

Please visit the Doyon Website at <u>www.ipsk12.net</u> for access to Doyon events on our "live" Doyon Calendar and the monthly Lunch Menu.

Principal's Corner ~ Sheila Halloran, Principal

Email: shalloran@ipsk12.net, Twitter: @PFDoyonSchool #TogetherOrApartWeAreDoyonAtHeart

I hope everyone had a relaxing time off. Students and staff have returned with smiles on their faces and looking forward to the New Year. As we continue to face new challenges such as the sad incident at the Capital Building yesterday, together we want to guide our children in dealing with this type of news. Now more than ever, we need to value our Doyon Community. Please know that all staff including our psychologist and school social worker are here to provide support and resources for all families.

Please read the following pages of upcoming events and food resources.



All Doyon Community Adults are invited!

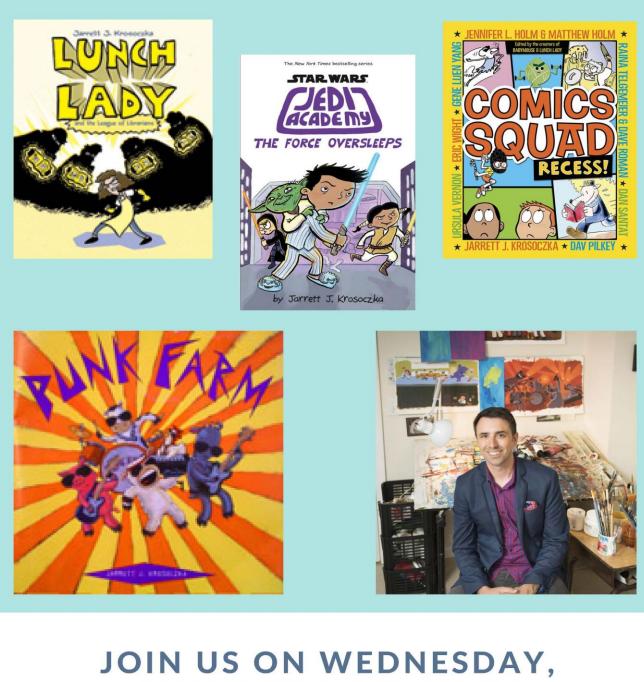
Monday, January 11, 2021 7 - 8 pm via Zoom Dr. Mike Flynn, Mathematics Leadership Programs, Mt Holyoke College

"What's Going On in Math Class?"

Dr. Flynn will address what is driving the national shifts in mathematics instruction and discuss how our school district is addressing them.

Join Zoom Meeting <u>https://mtholyoke.zoom.us/j/96692188897</u> Meeting ID: 966 9218 8897

	Friday 1/8	Monday 1/11	Tuesday 1/12	Wednesday 1/13	Thursday 1/14	Friday 1/15
Lunch Menu	Meatball Sub, Cape Cod Chips, Side Salad - Pretzel Power Pack - Gills Cheese Pizza	Bacon Cheeseburger, Lettuce & Tomato, Sweet Potato Fries, Chilled Peach Cup - Bagel Power Pack - Gills Cheese Pizza	Creamy Macaroni & Cheese, Texas Toast, Broccoli - Bagel Power Pack - Gills Cheese Pizza	Chicken Salad Sub, Pretzels, Mixed Fruit	Bacon Cheeseburger, Lettuce & Tomato, Sweet Potato Fries, Chilled Peach Cup 	Creamy Macaroni & Cheese, Texas Toast, Broccoli - Bagel Power Pack - Gills Cheese Pizza





JOIN US ON WEDNESDAY, JANUARY 27TH FROM 9:00 AM-10:00 AM FOR A VIRTUAL AUTHOR VISIT WITH JARRETT KROSOCZKA



Check your card: Funds for October & November will be issued at the end of December. New to P-EBT? Check your active EBT card or check your mail in January.

Pandemic EBT (P-EBT) for the 2020-2021 School Year

Additional Food Funds for Students during COVID-19



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You will get P-EBT if you qualify for free or reduced-price meals under the National School Lunch Program AND are in a hybrid or fully remote learning situation.



P-EBT funds are available to households regardless of immigration status and are not considered in a public charge test.

How much will I get?

Hybrid Learners \$58.60 per month Fully Remote Learners \$117.20 per month

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How & when will I get the funds?

"I got P-EBT in the past	Check your P-EBT card for funds on the 25th of each month. If you do not
on my P-EBT card″	have the card, request a new one at DTAConnect.com/PEBT.
"I got P-EBT in the past on my EBT card"	Check your EBT card for funds on the 25th of each month. If you do not have an EBT card, call DTA at 1-877-382-2363.
"I am new to P-EBT"	 Get SNAP and/or TAFDC? Check your DTA EBT card. If you do not get SNAP and/or TAFDC, look for a P-EBT card in the mail. Look for a DTA letter separately in the mail - <u>Keep it to PIN your card!</u>

What can I buy?

Buy food like fruits, dairy, breads, meats/poultry/fish. Use P-EBT at stores that accept SNAP, like grocery or corner stores, and online at ALDI, Amazon or Walmart.



Need More Food Help?

If you get P-EBT you are likely eligible for SNAP, monthly food funds. Apply at DTAconnect.com. You can also get grab and go school meals. Find a site at meals4kids.org.



Get P-EBT Help • www.MAp-EBT.org • DTA Assistance Line: 877-382-2363 - Press "6"





Department of Transitional Assistance





Virtual Programming

Virtual Yoga

Elissa Shoreman from Buddhaful Souls Yoga Studio in Rowley has visited every year and shared her practice of yoga with our Story Time and Mother Goose Groups. She is returning this year to offer a series of virtual programs in five-week sessions. Register for one or all.

This is an online event. Registered participants will receive a link to the Zoom meeting prior to the program.

For caregivers with toddlers and preschoolers she will host programs on Tuesday mornings at 10 a.m. from January 12 through February 9.

Preschool Yoga Registration

To add some mindfulness to their Wednesday virtual school day Elissa will offer yoga programs for elementary schoolchildren on Wednesday afternoons at 3 p.m. from January 13 to February 10.

Elementary School Yoga Registration

This programming is supported by the Friends of the Ipswich Public Library. Look for the library's adult yoga offering too!

Virtual Music

Music for the Little Ones with Eric Clemenzi is 30 minutes of music designed for caregivers and the little people in their lives with lots of children's classics. Join the live program and see and be seen by your friends, or just watch the program in private. Eric's son, Xavier, joins him on the drums! Offered this month on Monday, January 11 at 10 a.m.

***This is an online event. Registered participants will receive a link to the Zoom meeting prior to the program. ***

Register up until 9 a.m. the morning of the performance at this link:

Music for the Little Ones/Eric Clemenzi

This program is available with funding from the Helen Ayer Children's Enrichment Fund from the Ascension Memorial Church in Ipswich.

Craft Kits

Stop by the circulation desk at the library to pick up free Takeout Crafts. Two crafts, one for the preschool set, or one for elementary schoolchildren, available monthly.



| An IMS/IHS GreenTeam Initiative in partnership with: Three Sisters Garden Project, Russell Orchards & The Open Door Food Pantry

and the state of t If you're in need of healthy FREE FOOD, the hello neighbor fridges can help. LOCATED IN LOWER LEVEL

IPSWICH TOWN HALL & ZUMI'S

Town Hall hours: Mon. 8am to 7pm, Tues-Thurs 8am to 4pm and Fridays 8am to 12pm • ZUMI'S everyday 7am to 4pm

For more info email us: sustainable.ipswich@gmail.com Your neighborhood is here for you!