

DOYON NEWS

APRIL 15, 2021



Paul F. Doyon Memorial School

216 Linebrook Road

Ipswich, Massachusetts 01938

978 356-5506

Ipswich website <http://www.ipsk12.net>

Please visit the Doyon Website at www.ipsk12.net for access to Doyon events on our "live" Doyon Calendar and the monthly Lunch Menu.

Principal's Corner ~ Sheila Halloran, Principal

Email: shalloran@ipsk12.net, Twitter: [@PFDoyonSchool](https://twitter.com/PFDoyonSchool) #TogetherOrApartWeAreDoyonAtHeart

It has been another successful week. On Monday evening I met with the 5th grade parents on ZOOM to start preparing for the "End of Year" activities. Thanks to Kelli Coviello for taking the lead and creating a detailed document which will be sent to parents Friday morning. We held off so we could confirm some information and dates.

On Tuesday evening it was exciting to watch so many children participate in the 41st Elsie Piddock Jump Rope Contest! Thanks to Mrs. Cardew, Mr. Southam, Ms. Woodworth and Mr. Falconieri.

I hope everyone has a wonderful vacation. See you on Monday, April 26th!

Spring Break April 19th - April 23rd Students Return to School on Monday, April 26th

DRIVE-THRU FOOD PANTRY

The Open Door will partner with the Ipswich Y, Acord Food Pantry, Three Sisters, and Ipswich Public Schools to present a Drive-Thru Food Pantry at Winthrop School in Ipswich on **Saturday, April 17 from 10 AM to NOON**. This special drive-thru distribution is offered in addition to regular pantry hours and will include basic canned and dry goods as well as milk, eggs, meat, cheese, produce, coffee, olive oil and more. There will also be kid-friendly activity kits for family fun as students head into school vacation week.

Congratulations

To all who participated in the 41st Elsie Piddock Jump Rope Contest! To see the names of winners, click on this link: <https://drive.google.com/file/d/10geX4v14wg-piHPxhDftolXgD0wJ3CNY/view?usp=sharing>

Mark your calendars:

Wednesday, May 5, 2021 is Massachusetts Walk, Bike, and Roll to School Day. Details to follow.

	Friday 4/16	Monday 4/26	Tuesday 4/27	Wednesday 4/28	Thursday 4/29	Friday 4/30
Lunch Menu	Gills Cheese Pizza ~ Bagel Power Pack	Cheeseburger, Potato Salad ~ Pretzel Power Pack	Taco Tuesday Seasoned Beef, Lettuce & Tomato, Shredded Cheese, Black Beans & Rice ~ Pretzel Power Pack	Spaghetti and Meatballs, Fresh Tossed Salad, Texas Toast ~ Pretzel Power Pack	Goey Grilled Cheese, Tomato Soup, Chick Pea Salad ~ Pretzel Power Pack	Gills Cheese Pizza ~ Pretzel Power Pack

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**Ipswich Public Library and Endicott Community Service will offer unique live, virtual April 2021 vacation programs.
Submit an entry to our Book Spine Poetry Contest!**

Live, virtual STEM project - Wednesday, April 21 at 10 a.m.

For students in grades 1 to 3. Please complete multiple registrations if there is more than one child in your household participating in this program.

Make an anemometer, an instrument for measuring and indicating the force or speed and sometimes direction of the wind. Students from Endicott College will provide instruction and some science education for this STEM project.

Register before 9 a.m. on Tuesday, April 20 so that the craft supplies can be prepared in time. Stop by the Ipswich Public Library after 1 p.m. on Tuesday, April 20 to pick up the pieces required to create an anemometer. ***This is an online event. Registered participants will be sent a link to the Zoom meeting prior to the program.*** Register here: [Anemometer registration](#)



Live, virtual cooking class. All ingredients provided! - Thursday, April 22 at 4:30 p.m.

For students ages 8 to 12. Please complete multiple registrations if there is more than one child in your household participating.

Make a pizza! Caregiver should supervise the use of the oven. Students from Endicott College will provide instruction in how to make a pizza. The final product serves 4 and will be ready in time for supper.

Register by 9 a.m. on Tuesday, April 20 so that the ingredient kit can be prepared for pick up. **Come to the Children's Room entrance** to pick up the ingredient kit any time after 1 p.m. on Tuesday, 9 a.m. to 8 p.m. on Wednesday or Thursday morning to pick up the ingredients, which include options for vegetable, fruit and meat toppings. Ingredients must be refrigerated until the Thursday program.

Please contact Laurie Collins at 978-412-8713 or at lcollins@ipswichlibrary.org if you would like some assistance in picking up the pizza kits. ***This is an online event. Registered participants will be sent a link to the Zoom meeting prior to the program.*** Register here: [Cooking Class Registration](#)

Book Spine Poetry Challenge!

April is Poetry Month and our Children's Room challenge this month is for you to create a "spine poem." Spine poetry is a type of physical poetry: you are literally constructing a poem out of the titles on the spines of books. Your poem should read from top to bottom. So, take a look at your books at home or make an appointment to browse in the Children's Room to find the titles you will use to give your poem the words it needs. Remember, you are using the whole title of each book in each line of your poem!

Take a photo of your finished poem and email with "Spine Poetry" in the subject line to lcollins@ipswichlibrary.org. All entries will be registered in a raffle for a gift certificate to White Farms.

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STATE LAW LIMITS IDLING TO FIVE MINUTES OR LESS.

PLEASE DON'T IDLE DURING PICK UP!

Did you know that idling vehicle engines while stopped on school property not only increases children's exposure to harmful air pollution, but it is also against the law?

Protect the health of your children and make our air cleaner by following these simple guidelines:

- Turn off your engine when waiting for more than 10 seconds. (except when the line for picking up and dropping off is actively moving)
- Keep your engine tuned for efficient fuel consumption and to lower emissions.

By reducing idling you will:

- Protect students, school staff and drivers from harmful exhaust fumes.
 - Children are particularly at risk because their lungs are still developing and pound for pound, they breathe 50 percent more air than adults.
- Reduce air pollutants that contribute to smog and climate change.
- Reduce fuel consumption.
- Reduce engine wear and tear.
- Save money on fuel and engine repairs.

***Please see the attached pamphlet from the Ipswich Police Department for more information and for idling myths!**

*Thank you for your efforts! – Ipswich
Climate Resiliency Committee,
IMS/IHS GreenTeam, and Ipswich
Police Department.*

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IDLING MYTHS

MYTH #1 *"The engine should be warmed up for long periods prior to driving"*

REALITY: Idling is not an effective way to warm up an engine. Today's engines only need 30 seconds of idling before they are able to drive and driving them is the fastest way to warm the engine

MYTH #2 *"Idling is good for the engine and re-starting my vehicle all the time is bad for the engine and uses more gas than if you leave the engine running"*

REALITY: Excessive idling can actually cause more damage than restarting engines. Idling costs more money in the long run and reduced gas usage from less idling more than pays the extra maintenance costs from the minor wear and tear from the extra starting

MYTH # *"I need to have my car running to listen to the radio"*

REALITY: Today's modern vehicles do not need the vehicle running to keep auxiliary power. Batteries can last for several hours before dying. The Ipswich Police Department will be on scene with jump packs as an extra backup for Special Town Meeting if needed.



Paul A. Nikas
Chief Paul A. Nikas

Ipswich Police Department

Emergency: 9-1-1

Business: (978) 356-4343

E-mail: p2nikas@ipswichpolice.org



**MASSACHUSETTS NO
IDLING LAWS
For School drop off and
pickups**

Ipswich Police
Department
(978) 356-4343

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HELP REDUCE IDLING IN IPSWICH!!!

WHILE WAITING TO PICKUP OR DROP OFF YOUR CHILD IN LINE (NOT ACTIVELY PICKING UP OR DROPPING OFF) PLEASE SHUT YOUR VEHICLE OFF TO KEEP THE AIR CLEANER FOR YOUNG CHILDREN AS IT'S THE LAW!

KEEP YOUR CAR WELL MAINTAINED TO INCREASE GAS MILEAGE AND DECREASE EMISSION.

REDUCE VEHICLE WARM-UP IDLING TO 30 SECONDS, EVEN IN THE COLD WEATHER.

AVOID USING A REMOTE STARTER.

SPREAD THE WORD!!! MOST PEOPLE ARE UNAWARE OF THE LAW REGARDING EXCESSIVE IDLING IN MASSACHUSETTS.

KNOW THE LAWS!!!

MGL c. 90 s, 16A

“No person shall cause, suffer, allow, or permit the unnecessary operation of the engine of a motor vehicle while said vehicle is stopped for a foreseeable period in excess of five minutes.”

This means that if you expect to be stopped for more than five minutes, you must turn off your engine or risk getting a ticket with fines up to \$105 for a first offense and up to \$505 for each subsequent offense



DO YOUR PART!!!

MGL c. 90 s, 16B

“No person shall cause, suffer, allow or permit the prolonged idling of a motor vehicle engine on school property.”

There are several exemptions to this law on school properties such as:

- 1—actively picking up or dropping of children (line is moving)
- 2—Cold or Hot weather - If the exterior temperature is less than 35° F or over 80° F then idling of a vehicle is allowed for 1 minute every 15 minute period to heat or cool the interior of the vehicle (if vehicle is equipped with AC and it is not practical to open windows or park in shaded area) when the vehicle is not actively waiting to accept or discharge students.

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