



SEPTEMBER 2019 ELEMENTARY SCHOOLS

LUNCH \$2.75- REDUCED .40
MILK, JUICE, FRESH FRUIT
SERVED DAILY

"This institution is an equal opportunity provider"

Monday	Tuesday	Wednesday	Thursday	Friday
LABOR DAY 2 Choice3- Sunbutter Sandwich w/jelly Choice4- Caesar Salad w/ chicken Choice5- Pizza	Hamburger on a roll 3 Lettuce, tomato, pickles cheese Oven baked sweet potato fries Turkey & Cheese Wrap Sweet potato fries	Pasta W/ Meatballs 4 Marinara Sauce WG Roll Vegetable Medley Bagel w/ cream cheese Cheese stick or yogurt	Brunch for Lunch 5 French Toast Sticks w/ syrup Ham Slice Cantaloupe wedge Turkey & Cheese Wrap Sweet potato fries	Gills Pizza 6 Cheese or Pepperoni Veggie Crunchers w/ dip or Fruit Salad w/ yogurt Granola Veggie Crunchers
Mini Twin Cheeseburgers 9 Red Bliss Potato Seasoned Green Beans Chilled Fruit Tuna Pocket w/ lettuce & tomato Veggie Sticks & Chilled Fruit	BBQ Chicken 10 Pasta Salad WG Roll Veggie Sticks Pizza Power Pack	MACARONI & CHEESE 11 w/ WG Roll California blend Vegetables Baked Pretzel w/ Yogurt or Cheese stick or yogurt	Meatball Sub 12 Veggie Sticks Sweet Potato Fries Ham, Cheese, Fruit Power Pack	Gills Pizza 13 Cheese or Pepperoni Caesar Salad Fresh Fruit Fish Filet Sandwich F.F.
Grilled cheese 16 Tomato soup Celery & Carrot sticks Hummus Chicken Salad Pocket Goldfish crackers	Taco Tuesday 17 WG Rice Black bean & Corn Salad Lettuce, tomato, cheese, salsa Cobb Salad w/ Pita	Pasta W/ Meatballs 18 Marinara Sauce WG Roll Vegetable Medley Bagel w/ cream cheese Cheese stick or yogurt	Hot Dog on a roll 19 Baked Beans Carrot Sticks Cobb Salad w/ Pita	Gills Pizza 20 Cheese or Pepperoni Veggie Crunchers w/ dip or Fruit Salad w/ yogurt Granola Veggie Crunchers
BBQ Rib Patty 23 On a WG roll Sweet potato Apple Sauce Vegetable Medley Turkey BLT Wrap	Bacon Cheeseburger 24 On a WG roll Cole slaw Garden Salad Nacho Power Pack	MACARONI & CHEESE 25 w/ WG Roll California blend Vegetables Baked Pretzel w/ Yogurt or Cheese stick or yogurt	NATIONAL PANCAKE DAY 26 Brunch for Lunch Mini Pancakes Ham slice Potato Hash Dragon Juice Turkey BLT Wrap	Gills Pizza 27 Cheese or Pepperoni Caesar Salad Fresh Fruit Fish Filet Sandwich F.F.
Teriyaki Dippers 30 Vegetable lo mein Pineapple Fortune cookie Meatloaf w/ mashed potato Green beans				

FRUIT & VEGGIE AVAILABLE DAILY

Menu is subject to change

Please deposit \$ into your child's Nutrikids account

