

IPSWICH ELEMENTARY LUNCH MENU

September 2022

Due to supply shortages and delivery issues the menu is subject to change. Thank you for your understanding.

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><i>*Before placing your order, please inform your server if a person in your party has a food allergy</i></p>	<p>31st PASTA W/ MEATSAUCE MIXED VEGGIES, DINNER ROLL</p> <p>Turkey & Cheese Wrap</p>	<p>1 Pretzel Power Pack Turkey & Cheese</p>	<p>2</p>  <p>No School!</p>
	<p>6 Pancakes Ham Maple Syrup Applesauce Cup</p> <p>Turkey & Cheese</p> <p>WELCOME KINDERGARTEN!</p>	<p>7 Creamy Macaroni & Cheese Green Beans Dinner Roll</p> <p>Turkey & Cheese</p>	<p>8 pizza power pack Turkey & Cheese</p>	<p>9 Gills Cheese Pizza Cucumber Coins Carrot Coins</p> <p>Turkey & Cheese</p>
<p>12 Egg & Cheese on a Bagel Tator tots Dragon Punch</p> <p>Ham & Cheese Wrap</p> <p>WELCOME PRE SCHOOL!</p>	<p>13 Sub Day Ham & Cheese Sub Turkey & Cheese Sub Creamy Cole Slaw</p> <p>Ham & Cheese Wrap</p>	<p>14 Pasta Meat Sauce Broccoli Texas Toast</p> <p>Ham & Cheese Wrap</p>	<p>15 Nacho Power Pack Ham & Cheese Wrap</p>	<p>16 Gills Cheese Pizza Fresh Tossed Salad Ham & Cheese Wrap</p>
<p>19 Cheeseburger on a Roll sweet potato fries</p> <p>Chicken Caesar Salad wrap</p>	<p>20 Goopy Grilled Cheese Tomato Soup Fresh Veggie Cup</p> <p>Chicken Caesar Salad wrap</p>	<p>21 Pasta w/ Meatballs</p> <p>Chicken Caesar Salad wrap</p>	<p>22 Bagel Power Pack</p> <p>Chicken Caesar Salad wrap</p>	<p>23 Gills Cheese Pizza Cucumber Coins Carrot Coins</p> <p>Chicken Caesar Salad wrap</p>
<p>26 Chicken Nuggets fluffy mashed potato Corn</p> <p>BLT Wrap</p>	<p>27 Taco Tuesday with all the fixins Black Beans & Rice</p> <p>BLT Wrap</p>	<p>28 Creamy Macaroni & Cheese</p> <p>BLT Wrap</p>	<p>29 Pretzel Power Pack</p> <p>BLT Wrap</p>	<p>30 Gills Cheese Pizza Fresh Tossed Salad</p> <p>BLT Wrap</p>

Breakfast and Lunch are now being offered free to all students thru JUNE 30TH, 2023!

All meals are served with a choice of vegetables, fruit & milk to make a complete and healthy meal. Please visit the food service website at www.schoolnutritionandfitness.com. Pre-pay online at myschoolbucks.com or send cash or check (Ipswich food service) into school. A la Carte items available for purchase in addition to breakfast & lunch.

All Meals are FREE until June 2023! If your student is just purchasing a milk, water, or a la carte item they must have funds on their account. Milk/Juice-.60

WINTHROP SCHOOL 3RD CHOICE-PB&J
4TH CHOICE- SALAD W/ GRILLED CHICKEN
5TH CHOICE- HOMEMADE PIZZA
 Doyon School will serve sunbutter as a substitute for peanut butter